

# Unique together

## Lesson plan **KS2 7-11 | PSHE**

*This content is relevant across the UK and can be adapted for different curricula and for SEN schools.*



### National curriculum learning objectives:

- H19. a varied vocabulary to use when talking about feelings; about how to express feelings in different ways;
- R32. about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background
- L4. the importance of having compassion towards others; shared responsibilities we all have for caring for other people and living things; how to show care and concern for others

### Prior learning:

Children should have a prior understanding of different feelings and emotions. It would also be useful if children had some prior understanding of the different types of health needs people have.

### Skills development

- Understand what it means to show empathy to someone else.
- Recognise the feelings of others and know how to support them.
- Learn what epilepsy is and what it may feel like for someone who has been diagnosed with epilepsy.

### Resources needed

- Lesson Presentation
- Lesson Plan
- Model Poster
- Differentiated Writing Scaffolds
- Emotions Word Cards

### Key vocabulary

empathy, epilepsy, kindness, condition, medical, difference, determination, seizure, support, challenges, inclusion, feeling, emotion

Time	Teaching Activity	Teacher Notes
5 mins	Introduce the children to the theme of the lesson and ask them the initial question on the <b>Lesson Presentation</b> . Explain that we are all unique. Ask the children to think about the questions on the slide and discuss their thoughts.	<i>You could make use of talk partners for this activity to support children in their ideas.</i>
15 mins	Explain that today, the children are going to learn about a girl called Ella. Read 'Ella's superpower' story to the children. Either during the story or at the end, ask the children: 'What was Ella's story about?' 'What is her superpower?' 'What challenges did she face?' 'What did Ella learn at the end of the story?'	<i>For children that may find this challenging, use some sentence starters, such as 'Ella's story was about...', 'Ella's superpower is...', 'One challenge Ella had was...'</i>
10 mins	Explain to the children what epilepsy is, what seizures are and what they should do if they are with somebody who has a seizure.	<i>If you have any children or adults in the school or class that have experience with epilepsy, you might like to ask them to share at this point, if possible.</i>

Time	Teaching Activity	Teacher Notes
20 mins	Introduce the message to our school activity to the children. If you wish, you can share the <b>Model Poster</b> with the children and use the <b>Differentiated Writing Scaffolds</b> to help children plan their ideas.	<i>Provide children that may find explaining emotions difficult with the <b>Emotions Word Cards</b> to support them.</i>
5 mins	Reflect on the lesson and what the children have learned. Was there anything that surprised them about Ella's story or the lesson in general? Close the lesson by reminding the children that we all have differences and we should celebrate them.	<i>Children could be encouraged to think, pair, share during this to support their thinking.</i>

### Lesson reflections / next steps / teacher notes

#### Assessment opportunities:

- Can the children explain what it means to show empathy?
- Can the children articulate why it is important to show kindness?

#### Suggestions for future learning:

- You could look further into other medical conditions or hidden disabilities. In groups, ask the children to research different conditions and feed back what they have learned to the rest of the class.
- Continue the topic of empathy by looking at what it means to be an ally and then create a kindness chain as a reminder.

#### Home learning opportunities:

- Encourage children to discuss at home what they have learned about what it means to be different and how to stand up for others.
- Children could also do an ally action or random act of kindness in their community and record it to use in a class display.